



## Yoga Sutra Studies

with Kausthub Desikachar

The Yoga Sutras of Patanjali forms the basis of all yoga teachings. Presented in a simple yet aphoristic style the sutra-s offer the entire gamut of Yoga's foundational concepts and tools.

A thorough study of this text will be essential to every serious practitioner of Yoga, especially those who seek to become Yoga Teachers, Yoga Teacher Trainers and Yoga Therapists.

This course conducted by Kausthub Desikachar, will benefit those who are seriously seeking to understand the Yoga Sutras and its applications. All four chapters of the sutras will be discussed and the conceptual framework to understand the entire text will also be presented.

This course can be taken as a KHYF Continuing Educational Unit. It will be counted as a 15 hour credit.

**Dates:** 12 - 14 October 2006

**Time:** 9:00 to 12:00 & 2:00 to 5:00pm

**Cost:** A\$ 200

**Contact:** [yogtai@netspace.net.au](mailto:yogtai@netspace.net.au)

**Venue:** to be announced

---

**KHYF Yoga Therapy Training Interviews :** The interviews for the selection of candidates for the Yoga Therapy Training beginning April 2007, will also be conducted during these days for those applying from outside of Victoria. The interviews will be between 6:00 to 7:30 pm each day. Participants will be interviewed in small groups and in some cases also in private. The duration of each interview may vary. For those participants who are from Victoria, the interviews will be held between 10 - 11 October 2006. For more information or to schedule an interview please email [yogtai@netspace.net.au](mailto:yogtai@netspace.net.au)