

Course Title	KHYF Integration Course
Faculty	Senior faculty from KYM and International KHYF Yoga Teacher Trainers
Dates	4 December - 15 December 2006. Orientation on 03 December 2006, 6:00pm. Participants MUST arrive in time for the orientation. Plan to depart on 16 December or later as the course will end on the evening of 15 December.
Cost of the Course	US \$ 750 payable to Krishnamacharya Healing and Yoga Foundation Payment due by November 20, 2006. Payment can be made through cheque (made payable to "Krishnamacharya Healing and Yoga Foundation") or through bank transfer. Please contact us for wire transfer procedure. Please send your cheques by registered post/courier to: Krishnamacharya Healing and Yoga Foundation 49 Fourth Cross Street, RK Nagar, Chennai 600028, INDIA
Venue	Power House (Lord Somers Camp) Lakeside Drive, Albert Park Reserve. Opposite Carlton Crest Hotel & Lorne St. We are using an upstairs area facing the lake and closest to the small car park.
Schedule	Classes will begin 9:00 am in the morning and end by 6:00pm. Optional practice sessions have also been arranged at 7:00 am in the morning.
Parking	3hrs for \$2.20 in the car park and in front on the venue along Albert Park Reserve. There is also free parking in the area if you know where to park and are prepared for a 20 minute walk. You can also park in the Carlton Crest Hotel car park for a daily fee.
What to Bring	Participants are requested to bring their own mats/towels and other basic things they may require during this program
Where to stay	St. Kilda is the most convenient place to stay as it's only a 10 minute tram ride to the venue and offers a variety of places to stay. Easy Stay Apartments have been used previously with interstate travellers and have been quite popular. They offer 6 different locations throughout St. Kilda, Acland St and Carlisle St apartments are closest to tram stops. Any apartment in the city will also be fine, as this would also be only a short distance by tram. The website is www.easystayapartments.com then go to St. Kilda location, everything can be booked online. There is a wide range of Vegetarian cafes in this area.
Local Administrator	Agama Yoga Centre Administration Lance Coughlin (+61) 3 9690 2238 E-mail agama@yogapractice.com.au Web Site: www.yogapractice.com.au